

Weekly Schedule- The Be'eri Mechina

Sunday

Monday

Tuesday

Wednesday

Thursday

		Physical Training 07:00-08:30		Physical Training 07:00-08:30
Breakfast				
	Military Preparation 08:30-10:00	Israeli Judaism/ Israeli-arab Society 10:00-11:30	Community Involvement	Gender And Sexuality/Hebrew Poetry And Literature 10:00-11:30
	Break 10:00-10:15			
	Mechina Assembly 10:15-11:00			
Weekly Group Assembly 11:00-12:00	Group Mentoring 11:00-12:00	Israeli Judaism/ Israeli-arab Society 12:00-13:30		Gender And Sexuality/Hebrew Poetry And Literature 11:45-13:15
Lunch Break				
Weekly Mechina Assembly 13:00-14:00	Leadership/Philosophy 13:00-14:30		Community Involvement	
Resilience Workshop For Individual And Group Development /Society And Economics 14:30-16:00	Break 14:30-15:00	Community Involvement Guidance 14:30-15:30		Politics/Jewish Philosophy 14:30-16:00
Break 16:00-16:30	Leadership/Philosophy 15:00-16:30	Break 15:30-16:00		Break 16:00-16:30
Resilience Workshop For Individual And Group Development /Society And Economics 16:30-18:00	Personal Initiative Session 16:30-18:00	16:00-17:15 Peer Guidance		Politics/Jewish Philosophy 16:30-18:00
Personal Initiative Session 18:00-19:00	Cleaning 18:00-19:00	Personal Initiative Session 17:15-18:30		Weekly Summary Assembly 18:00-19:00
Dinner				
Physical Training 19:00-20:30	Group Session 20:00-21:30	Mechina Session 19:30-21:30	Group Session 19:00-20:30	Current Affairs 20:00-22:00